

MEDIA ADVISORY

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Adaptive Sports Expo to Show How People with Visual Impairments Stay Active

Phoenix—Foundation for Blind Children (FBC) is hosting its first Adaptive Sports Expo. Learn about and try your hand at some adaptive sports, including goalball, rock climbing, beep kickball, and running with a guide. The expo will take place on Saturday, February 24, between 9:00 AM and 12:00 PM at FBC's Central Campus (1234 E. Northern Ave, Phoenix, AZ 85020.)

"FBC students have climbed mountains, played high school football, and have run marathons," said Cody Alvarez, FBC's Family and Community Engagement Manager. "Promoting fun activities that get our students moving is great for building their confidence and showing the community what they're capable of."

The Adaptive Sports Expo will feature demonstrations on how to play adaptive games and give participants the chance to try them out. There will also be guests to show how to make things like rock climbing and running more accessible for visually impaired athletes. Join FBC to learn about adaptive sports and to get in on the fun.

About Foundation for Blind Children

the [Foundation for Blind Children](#) provides Education, tools, and services to create opportunity for anyone with vision loss to achieve greater independence. FBC serves the blind and visually impaired of all ages, from birth to currently 104 years old. With three Valley locations (East, West and Central Phoenix), we strive to be "the" community resource for blind, visually impaired, and multiply disabled children, adults, and their families. We believe that vision loss is a diagnosis, not a barrier.

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